

# URBAN AGING NEWS

Urban Aging L3C

**FREE**

Issue 16 | SPRING 2019

Info, Insight & Inspiration for Metro Detroit's Maturing Adults

## Servant Leaders Guide Aging Services in SE Michigan



**Ronald Taylor**  
President/CEO  
Detroit Area Agency  
on Aging, AAA-1A



**Tamera Kiger**  
President/CEO  
The Senior Alliance  
AAA-1C



**Michael Karson**  
President/CEO  
AAA-1B

**- INSIDE -**

How to Avoid Probate Court, **pg. 4** | In-Home Hearing Screenings, **pg. 5**  
Free Caregiver Financial Coaching, **pg.8** | Nominate Super Seniors for Awards, **pg.9**

# ON MY MIND



**Patricia Ann Rencher**

Publisher

Urbanagingnews@yahoo.com  
313.204.5140

the Older Americans Act and the Older Michigianians Act regardless of their financial or social status. Area Agencies on Aging advance this goal by giving preference to those who are in the greatest economic or social need, but there is just not enough to around. So these smart and courageous leaders rely on their innovation and creativity to tackle this massive mandate.

Their varying experiences have aptly prepared them to meaningfully impact how southeastern Michigan citizens will age. Their vision and approaches to service delivery are effective and they share the essential elements of good, solid leadership. They are a noble group of future-focused thinkers, deliberate listeners, and humble social entrepreneurs.

We're in good hands, southeastern Michigianians.

Peace & blessings,

I was able to interview the top leadership of southeast Michigan's aging advocacy network and I left each interview with a level of joy that bordered on being giddy. They each embody servant leadership with passion, commitment and vision that is evident and exciting. The affable spirits, desire to serve and huge hearts that I witnessed are exactly what we need in aging leadership.

People age 60 and older are entitled to services funded by



## Take Action!

**Increase funding for the MI Choice waiver  
CONTACT YOUR LEGISLATORS NOW!**

Right now, the Michigan legislature is considering a budget that would cut the MI Choice Waiver funding when the program is already underfunded.

MI Choice empowers older adults and adults with disabilities including Alzheimer's and dementia to live as independently as possible in their homes for as long as possible.

This cannot be allowed to happen. Take action today and ask your legislators to increase funding for the MI Choice Waiver program. Contact [senate.michigan.gov](http://senate.michigan.gov) and [House.Michigan.gov](http://House.Michigan.gov) for your legislator's contact information.

### OUR STAFF



UAN is a free publication circulated throughout metro Detroit

For advertising, editorial contributions or distribution site requests, call (313) 204-5140

Publisher.....Patricia Ann Rencher  
Editor.....Alicia M. Nails  
Graphics.....Edgar W. Chambliss, Jr.

UAN is a product of Urban Aging, L3C

# URBAN AGING NEWS

*A Great Gift for the Caregiver in your Life*

*Don't miss the resources and information in this publication*

**SUBSCRIBE TODAY!**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone# \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

**Return this form with \$25 - 4 issues/1year - Check or Money Order to:  
1905 Hyde Park, Detroit 48207**

# Keeping Money Safe



In extensive focus groups held around metro Detroit, caregivers told the Institute of Gerontology at Wayne State University that managing someone else's money was especially stressful. The IOG has created Caregiver

Empowerment Program to provide free financial coaching services to the families, friends and caregivers of older adults. If you care for an older adult and would like assistance with financial management responsibilities, the Caregiver Empowerment can provide one-on-one assistance.

Caregiver Empowerment helps older adults and caregivers understand the basics of sound financial planning, how to protect themselves from scams and exploitation, and how to recover financial health after a scam or identity theft. The program is grant supported and part of the Institute's Successful Aging through Financial Empowerment outreach arm.

Services are an outgrowth of IOG Director Dr. Peter Lichtenberg's nationally acclaimed research on older adult financial decision-making and vulnerability to exploitation.

Counseling is completely free and includes assistance with these issues:

- Obtaining the necessary legal documents and designations to manage a friend's or relative's finances.
- Proper record-keeping.
- Filing consumer complaints and police reports when a friend or relative has been the victim of a scam or identity theft.
- Reviewing credit reports and addressing problems resulting from identity theft, including activating a fraud alert and closing accounts.
- Preparing budgets for projections for the careful spending of a friend or relative's money.
- Holding difficult conversations with friends or relatives about assuming responsibility for their financial management.
- Financial coaching services for caregivers.

Caregiver Empowerment counselors meet with caregivers in their homes, at the IOG, or in a community setting. Assistance is safe, confidential and free. Contact Program Director LaToya Hall to learn more at [l.hall@wayne.edu](mailto:l.hall@wayne.edu) or 313-664-2608.



**HEALTHCHOICE**  
of Michigan



## Wayne County Senior Prescription Savings Program

- This free program helps seniors save money on prescription costs
- Must be a Wayne County resident aged 55 or older
- Access to thousands of pharmacies nationwide
- Available for mail order service

**Enroll Today!**

[www.wcseniors.SGRXhealth.com](http://www.wcseniors.SGRXhealth.com)  
1-800-WELL-NOW (935-5669)