

Bringing Quality to Life



Provided by
Wayne State University, Institute of Gerontology

Presented by
Oakmont Senior Communities

Thursday, March 8, 2012
8:30am - 11:30am



AGENDA

8:30 - 9:00am	Registration/Breakfast
9:00 - 10:00am	"Life Satisfaction and Resilience in Old Age" Lisa Ficker, PhD WSU, Institute of Gerontology
10:00 - 10:15am	Break
10:15 - 11:15am	"Small Changes, BIG Differences" Aimee Stark, MSW Program Mgr., Michigan Disability Rights Coalition
11:15 - 11:30am	Evaluation

Objectives:

- 1.) Identify factors associated with life satisfaction and resilience in old age among elderly in general and subpopulations in particular (ethnic elders and oldest-old).
- 2.) Describe the tools used to promote life satisfaction and resilience in old age as well as the barriers associated with achieving life satisfaction.
- 3.) Describe three research studies that show the effectiveness of Assistive Technology in promoting independence, decreasing falls, and reducing nursing home and hospital stays.
- 4.) List at least two low cost, low-tech assistive technology devices that can help people with disabilities and older adults in each of these categories:
 - a) Bathing and dressing
 - b) Participating in hobbies/recreation
 - c) Cooking and eating
 - d) Navigating the community
 - e) Accommodating memory problems
 - f) Accessing their home
- 5.) Identify 3 resources in the community for acquiring assistive technology.

3 CE's

COST: Free
(includes light breakfast)

WHO WILL BENEFIT:
Nurses
Social Workers
Allied Health Professionals
Home Care
Agency Administrators

3 Contact Hour Nursing:
This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurse Credentialing Center's Commission of Accreditation.

3 CE Social Work:
Institute of Gerontology, Wayne State University is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0066.

3 CE Nursing Home Administrators:
This program was submitted to the MI Board of Nursing Home Administrators. Application submitted.

Certificates will be issued after total completion of program. Evaluation, sign in and sign out required. The planning Committee and the presenter declare no conflict of interest. There is no commercial support of this program.

LOCATION:
Oakmont Manor
41255 Pond View Drive
Sterling Heights, MI 48314